

THE PULSE

DEPARTMENT OF COMMUNITY HEALTH AND FAMILY MEDICINE

VOLUME 5, ISSUE 1



University of Florida
Spring is
here!

ACHIEVEMENTS

CHFM faculty and staff have been hard at work to advance the field of family medicine.

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CHAIR'S MESSAGE

Fellow CHFM Member

Welcome to the March 2019 edition of The Pulse! Since our last edition, our residency program had another successful "Match" and we will be welcoming 9 new interns this July; our Press-Ganey scores for patient satisfaction continue to set examples for UF Health; and our faculty continue to lead several initiatives and programs at the University of Florida. Our continued success could not be accomplished without the excellent work of our faculty, residents, nurses and staff.

I hope you enjoy this edition of The Pulse.

Best regards,

Peter J. Carek, MD, MS

C. Sue and Louis C. Murray, MD, Professor and Chair



ANNOUNCEMENTS

Community Health and Family Medicine Administration have created a collective email address for staff and faculty to use for any general administrative questions, issues or concerns they may have. Please direct any of these concerns to:
admin@chfm.ufl.edu



ACHIEVEMENTS

Community Health and Family Medicine faculty and staff have been hard at work to advance the field of family medicine. In recognition of their accomplishments, the section below outlines some of the most notable achievements across the department since July 2018:

2018 End of Year Press-Ganey Report

At the end of 2017, the Press-Ganey Report ranked CHFM in the top 79th percentile for Overall Specialty Rating. However, due to the outstanding efforts of clinical faculty and staff, CHFM moved up through to ranks to place in the top 88th percentile by the end of 2018. Across the board, patients appreciate the time providers are willing to spend with them and they are satisfied with the concern shown for their questions and worries. One area we can collectively improve is providing information about delays.

2018 Exemplary Teacher Award Winners

Congratulations to our College of Medicine professors for receiving the Exemplary Teacher Award based on outstanding performance in teaching of medical students, residents and fellows, graduate students, post-docs, and mentorship of other faculty.

Recipients:

- David Feller, MD
- Robert Hatch, MD
- Jason Konopack, MD, MPH
- John Malaty, MD
- Charlie Michaudet, MD, CAQSM
- Maribeth Williams, MD, MS
- Daniel Rubin, MD
- Kristy Smith, MD

2018 Community Health and Family Medicine Golden Gator Teaching Award Winners

Congratulations to the selected faculty for receiving the Community Health and Family Medicine Department's Golden Gator Teaching Award in honor of their overall excellence in their educational activities as a member of CHFM.

Recipients:

- Lisa Chacko, MD, MPH
- Alpa Desai, DO
- Jocelyn Gravlee, MD, CAQSM
- Elvy Mercado, MD

Katie Edenfield, MD, CAQSM Selected as US Team Physician for 2019 Pan American Games

Katie Edenfield, MD, CAQSM, was invited by USA Swimming to serve as Team Physician for the 2019 Pan American Games in Lima, Peru. The event occurs every four years and invites over 6,500 athletes from around the world participating in swimming, fencing, boxing, and 36 other sports. There will be a total of 17 days of competition, beginning Friday, July 26, 2019. Congratulations Dr. Edenfield!

2019 Superior Accomplishment Award Winner

Congratulations to Emilee Rice White for receiving the University of Florida 2019 Division 5 Superior Accomplishment Award 2019. Emilee is one of our Human Resource Assistants for the CHFM Department.

UF Wound Care and Hyperbaric Center 2018 Center of Excellence

Congratulations to Susan Millan, MD; Run Gan, MD; and Petra Townsend, MD - our faculty members at the UF Wound Care and Hyperbaric Center. Their facility was awarded the Healogs Robert A. Warriner III Center of Excellence Award for their consistent commitment to patients, and the high standard of care provided. We are proud of your efforts!

Best CERA Research Paper Award

The Society of Teachers of Family Medicine (STFM) have awarded Arch Mainous, III, PhD with the inaugural Best CERA Research Paper Award for his paper "*Institutional NIH Research Funding and a Culture of Support for Family Medicine - Their Relationship to Family Medicine Specialty Choice.*" Dr. Mainous was selected to receive this award based on the quality of his research and its potential impact. Congratulations Dr. Mainous!

PATIENT CARE



Siegfried Schmidt, MD, PhD

Dr. Siegfried Schmidt was born and raised in Germany. He received his Candidate Engineering Degree from Rhenish-Westphalian Technical University (1981) and his MD and PhD from the University of Cologne (1987). He then served 2 years in the military and "fell in love" with Family Medicine. He finished his residency in Family Medicine at the University of Florida (1992) and became the first practicing Family Physician within the UF Health Science Center. Currently, he is a Professor of Family Medicine and practices at Springhill 2 Family Medicine clinic.

During almost 30 years at UF he has worn many hats and received numerous honors and accolades, such as being selected by his peers for inclusion in the "BEST DOCTORS in AMERICA"® since 1998. He recently received the "Excellence in Patient Satisfaction" for 2018 and was a "top first percentile" nationwide Patient Satisfaction Performer. As clinician, teacher and researcher he loves his patients, colleagues, students, residents, and research colleagues.

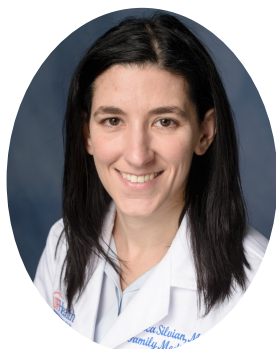
One of his many passions has been to alleviate pain and associated suffering. Over the years, he has become a Family Medicine expert in pain management. Known nationally, he participated in teaching/research and clinical endeavors to further appropriate pain management. He obtained additional certifications such as "Competency Certification in Controlled Substance Management," by the ABIPP (American Board of Interventional Pain Physicians).

The implementation of a Chronic Pain Management Program with associated clinic at the Main Street Family Medicine Residency Program in 2013, under his leadership, serves our patients as well as students and residents well in addressing appropriate pain management. Dr. Schmidt remains a vocal advocate of appropriate pain management that often includes modalities other than just opioids. He is part of various venues to counter the very unfortunate "opioid epidemic," but despite this, Schmidt wants to make sure pain continues to be alleviated and if necessary, through using opioids. "The selection of the appropriate patient for opioid pain therapy is of utmost importance", Schmidt always remarks.

His latest activities take him throughout the nation with symposium presentations "The Science and Art of Meeting the Needs and Challenges of Patients in Pain" and "Addressing the Opioid Epidemic: A Call to Action to Save Our Communities", which are held at various state American Academy of Family Physicians (AAFP) Meetings. Schmidt wants to leave you with this thought: "Remember, all of us are just a second away from a catastrophic event and will need pain relief... Who will provide it?" We have an awesome responsibility to train the next generation of doctors. "I certainly do not want to suffer pain needlessly due to ignorance in part of the medical establishment."



FACULTY/STAFF SPOTLIGHT



Monica Silvian, MD

Dr. Monica Silvian is a family physician who practices at the Family Medicine-Main Street location as an Assistant Professor. Dr. Silvian grew up in Michigan, where she obtained her Bachelor's Degree with a distinction in Movement Science. She spent a year working as a Rehabilitation Assistant at an occupational therapy clinic prior to obtaining her medical degree at Drexel University in Pennsylvania. She then completed her family medicine residency at the University of California, Los Angeles, while also serving on the Ethics Committee. Her clinical interests include caring for older adults, musculoskeletal diseases, medical ethics and medical education.

Certifications and Professional Organizations:

- Florida Medical License
- American Board of Family Medicine Certification
- Basic and Advanced Cardiac Life Support
- Drug Enforcement Administration

Awards and Honors:

- Drexel University Medical Humanities Scholar



Emilee Rice White

Emilee Rice White joined Community Health and Family Medicine in November 2016. As a Human Resources Assistant, Emilee is responsible for handling leave and payroll. She processes new hire and termination paperwork, and assists in Effort Certification, FAR, and IWL. Emilee received her Bachelor of Science in Sociology with a minor in Business Administration and Masters of Science in Management at the University of Florida. Her professional interests include employee relations, teamwork and collaboration, onboarding.

Awards and Honors:

- 2019 Superior Accomplishment Award



EDUCATION

MEDICAL STUDENT EDUCATION

Our department has a long tradition of faculty members becoming educational leaders within the college. The tradition continued in 2018, with three faculty members assuming important roles in the college:

- Jason Konopack, MD, MPH - became Course Director of the Introduction to Clinic Practice Course (the "Preceptorship" course).
- Kristy Smith, MD - became Co-Director of the Collaborative Learning Group course and will become director in July 2019.
- Grant Harrell, MD - became Director of the Mobile Clinic and several educational programs run through it.

All three are off to fabulous starts, helping shape our students' education and being great family physician role models.

The department was well represented at the STFM Annual Medical Student Education Meeting held in Jacksonville in January 2019. A highlight included Dr. Carek attending the meeting to present the findings of Sey's Park study of resilience in med students. The study identified two findings were associated with higher resilience: regular exercise and the ability to stop thinking about med school at the end of the day.

Presentations included:

- **Carek PJ**, Bielick L, Datta S, **Manious A**, **Porter M**. Evaluating Resiliency in Fourth-year Medical Students. Presented at: 45th Annual STFM Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.
- **Dorsey N**, **Medley J**, Dayton T, **Hatch RL**. Jump, Snip and Slice: Family Medicine Does This? Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.
- Hagen M, Barker P, Lieberman L, **Hatch RL**. A Student did WHAT?!? Addressing Unprofessional Behavior. Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.
- **Harrell JG**, Nall R, Harlan E, **Hatch RL**. Teaching the Social Determinants of Health in the Clinical Years: How Service Learning, Didactics and Reflections can Integrate SDOH Learning across Clerkships and Electives. Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.
- **Rubin D**, **Konopack J**, **Hatch RL**, Albert C, Cooper LA. Home Sweet Home: Engaging Hometown Physicians to Help with Early Clinical Teaching. Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.

FAMILY MEDICINE RESIDENCY PROGRAM

The residency program is staying busy as always! Our new class of interns are half way through the year and doing extremely well. Our PGY 3s are getting ready for graduation and moving on various jobs both in and out of state. Some are going to be hospitalists while others are doing all ambulatory care. And our very own Gary Allen, DO will be staying with UF for his sports medicine fellowship.

The holiday season was a very busy one. Our annual holiday luncheon for patients was an even bigger success than last year with greater turnout. Patients really appreciate the opportunity to have a warm meal in a festive environment surrounded by their favorite residents and staff. It's one of my favorite things we do! We've also completed our interview season with 98 interviews for our 9 spots! We are all very excited about the potential new interns we'll get. Keep you fingers crossed and we'll find out in March.

You may recall that we were transitioning to a "mini-block" or 2+2 schedule for PGY 2 and 3s. Overall this has gone very well with positive resident AND patient feedback. We will continue to tweak the clinic schedule when needed, but we're very pleased with the results thus far. Speaking of clinic, we're excited about upcoming renovations to the clinic to increase patient exam rooms so we can care for even more patients. We have a new full-time social worker, Cindy Zou, who has been wonderful and is really helping us address patient needs beyond our medical knowledge.

I want to make sure to thank all the faculty who support the residency. Many of you precept, attend on the inpatient service, take weekend call, present didactic lectures, or even do specialty clinics at Main. It really does make a huge difference and we probably don't thank you enough!



SPORTS MEDICINE FELLOWSHIP

September to December was extremely busy for Dr. Olivas with football coverage. He was on the sidelines for all the home games, the Georgia game in Jacksonville, and FSU game in Tallahassee. Dr. Nicolette and Dr. Olivas covered their last regular season UF Football game in Tallahassee together. It was bitter sweet for both of them. Dr. Olivas covered his last UF Football game on the sidelines in Atlanta for the Peach Bowl on December 29.



Dr. Olivas also helped cover some of the other sports during the fall. He covered soccer, basketball, gymnastics, cross-country, and volleyball. The spring will be busy for Dr. Olivas as well. He will start covering tennis, swim & dive, softball, baseball, basketball, track & field, and lacrosse.

In November, Dr. Guy Nicolette announced that he would be leaving UF to become the Assistant Vice Chancellor/Executive Director of University California Health Services at Berkeley.

In mid-December, the directorship for our program was appointed to Dr. Jay Clugston, who founded our Sports Medicine Fellowship program in 2007. We are excited to have Dr. Clugston as our Director again.

On January 2, 2019 at 12 noon we matched with our 2019-2020 fellows. We are excited to have Dr. Gary Allen, UF Family Medicine, Dr. Josh Altman, UF Emergency Medicine, and Dr. Nicole Pitts, University of Pittsburg Family Medicine join us on July 1, 2019. Welcome to Gator Nation!



On January 16, 2019 we wished Dr. Nicolette Farewell with a party in the Champions Club. He was an outstanding sports medicine physician at UF Student Health for over 22 years which consisted of faculty position 1996-2018 which included OPS work 2002-2006 and SHCC Director 2013-2018; Fellowship Director from 2010-2018; UF Team Physician from 1996-2001 & 2009-2018; SFC Team Physician from 2005-2013. We wish Dr. Nicolette the best in his new position at UC Berkeley.



PROGRAM IN BIOETHICS, LAW AND MEDICAL PROFESSIONALISM

BLMP is proud to announce the launch of a new Discovery Pathways track, Medical Ethics and Law, UF medical students to incorporate into their studies. This track is designed to provide students with an opportunity to engage with topics in medical and research ethics. With the guidance of a BLMP faculty mentor, students will conduct research and take advantage of a unique set of professional experiences, including participation in:

- Florida Bioethics Network (FBN) conference or other relevant conference;
- Institutional Review Board (IRB) or Institutional Animal Care and Use Committee (IACUC) meetings;
- IRB Brown Bag session;
- UF Health Ethics Committee meeting;
- Ethics consultation; and
- Other activities such as department or college grand rounds, journal clubs, COM Office of Faculty Affairs and Professional Development seminars or workshops, meetings of relevant committees or workgroups.

For more information, visit our website:

<https://discovery.education.med.ufl.edu/research-track/discovery-tracks/medical-ethics-law> or contact lbsolberg@ufl.edu.

Medical Ethics and Law Discovery Pathways Track

Designed to help future physicians develop a deeper level of expertise in ethics in medicine and/or research.

Opportunities available through this track include: attending a Florida Bioethics Network (FBN) conference, participating in IRB or IACUC meetings, collaborating with faculty on ethics consultations, and more.

Participants will also complete an online bioethics training course and 3rd/4th yr. elective "Advanced Issues in Medical Ethics and Law".



Track mentors :

Professor Lauren Solberg lbsolberg@ufl.edu
Director, UF COM Program in Bioethics, Law & Medical Professionalism

Professor Bill Allen wmallen@ufl.edu
UF COM Program in Bioethics, Law & Medical Professionalism

Dr. Ray Moseley rmoseley@ufl.edu
UF COM Program in Bioethics, Law & Medical Professionalism

For more information, visit our website:

<https://discovery.education.med.ufl.edu/research-track/discovery-tracks/medical-ethics-law/>

or email lbsolberg@ufl.edu



FACULTY DEVELOPMENT

Robert Hatch, MD, MPH, recently gave a Faculty Development presentation based around Education. The presentation looked at the three main programs we are involved with:

- 3rd year Family Medicine and Ambulatory Care Clerkship
- Clinical Practice Preceptorship
- 4th Year Family Medicine Subinternship

The presentation shared the expectations and goals set for CHFM providers when working with students. Dr. Hatch explained that providers could reach these goals by keeping students actively involved, looking for one teaching moment per patient, continuously providing positive encouragement and giving honest feedback.

Dr. Hatch emphasized that providers should find what excites them, and dive in! Participating in the education programs will not only boost a provider's CV, but it will positively affect their chance of promotion. Dr. Hatch suggests that providers reach out to those already working within their interest. Letting someone know you are looking for an opportunity is a great step forward!

Dr. Hatch has provided some education opportunities that providers should consider:

- Giving lectures (Family Medicine and Ambulatory Care Clerkship, Clinical Practice Preceptorship, other 1st/2nd year courses)
- Giving talks (FMIG, premeds, community group, college – e.g. faculty development)
- Ethics
- 4th year electives – procedures, etc
- CLG leader
- Subinternship
- College committees (Course evaluation, Curriculum, Admissions)
- College programs (simulation, standardized patients)
- National (go to conferences, volunteer, NBME question writing)
- Administrative role (role with running preceptorship or clerkship, e.g. volunteering to be a clinic point person for clerkship at your site)
- Educational scholarship



NEW RESEARCH STUDIES

EVALUATING PATIENT PERSPECTIVES ON VIDEO ADVANCE DIRECTIVES

Dr. Moseley in the Bioethics, Law, and Medical Professionalism program is working on a pilot study to determine patients' opinions on the usefulness of video advance directives in clarifying patient end-of-life care desires. Previous research has documented that physicians' own preferences for life-sustaining treatments influence their patient care. The work of Heyland et al. has also documented that elderly patients' tend to value being comfortable and improving quality time with loved ones over extending the length of their lives. Advance directives are a valuable tool in ensuring patient desires are adhered to at the end of their life. This study pilots a video component to an advance directive alongside a traditional written advance directive. The video displays the patient speaking their end-of-life care desires in their own words while of sound mind. The study evaluates participant perspectives on the usefulness of this video component in improving understanding of the patient's end-of-life care decisions.

EVALUATING PRECEPTORSHIP CHOICE IN MEDICAL STUDENTS

Drs. Konopack and Rubin are conducting a study on how students' choices about their preceptorship influence their lives. Medical students at UF are given the option of either personally arranging their 1st and 2nd year preceptorships or having them assigned to them. The study seeks to determine how the choice between these two approaches affects student satisfaction, career choices, and learning opportunities down the line. The study will prove valuable insight into how a new approach to medical education impacts student livelihoods.

PRISONERS AND PHYSICIAN BIAS

Professor Solberg in the Bioethics, Law, and Medical Professionalism program is working to determine how physicians perceive and treat incarcerated patients. Although health care disparities between prisoners and the general population are well known, there has been little research conducted on how physicians' bias toward prisoners and knowledge of patient's crimes/sentence impacts their attitudes toward incarcerated patients and the care they deliver. Physicians at UF Health in Gainesville and Jacksonville will be surveyed about what information they gather when treating an incarcerated patient and whether they believe this knowledge influences the care they give. This study hopes to contribute to the beginnings of a discussion surrounding what physicians can do to improve healthcare for this vulnerable population.



QUALITY IMPROVEMENT

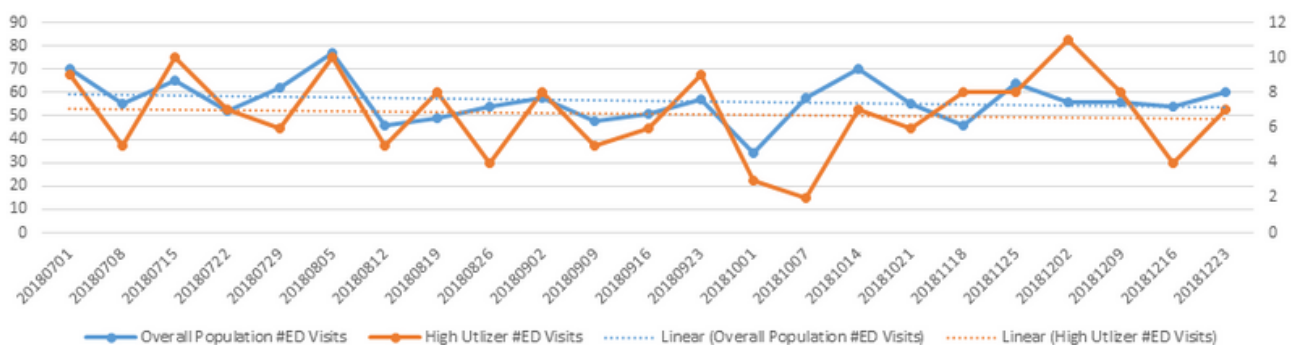
UF HEALTH QUALITY MEASURES

Over the first part of the Fiscal Year, Pneumococcal Vaccination and Neuropathy Screening numbers remained steady and strong. The first part of the Flu season, October through December, was not only strong and had a steady rise each month but also exceeded the Internal Comparison benchmark for all three months. Colorectal Cancer Screening numbers continue to rise and edge towards closing the gap with the Benchmark threshold. Hemoglobin A1C and Controlling Blood Pressure numbers have trended away from Benchmark numbers in the second quarter. However, all clinics have voiced strategies to improve these numbers and patient care.

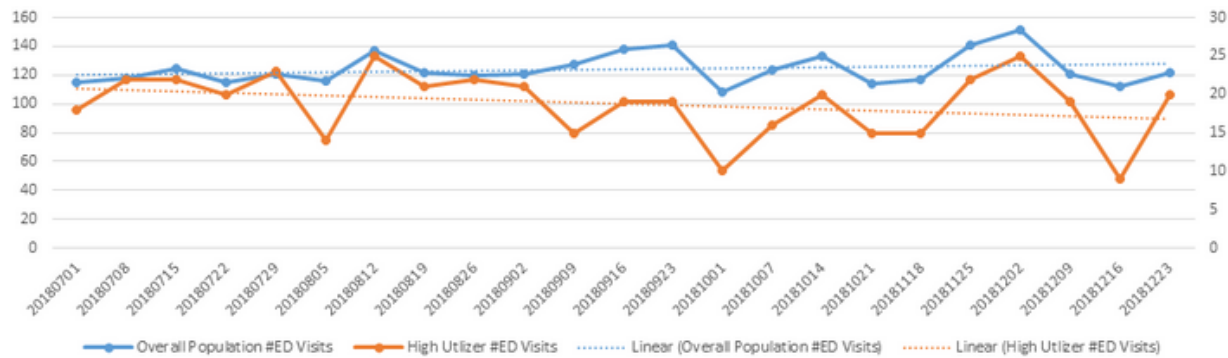
REDUCTION OF PATIENT EMERGENCY DEPARTMENT USAGE AND HOSPITAL READMISSIONS

As a department, the Readmission Quotient trend saw a slight increase in the first half of the Fiscal Year. October and November saw numbers increase into the 16% and 19% range. However, overall, the rolling 12 month average was 15.03% in December. Clinics are utilizing different strategies to bring these numbers back down. Eastside launched a TCM clinic in May and have seen excellent results from the patients who attended the TCM clinic. Of the 51 Office Visits completed by patients eligible for the TCM clinic, only two of those patients were readmitted to the hospital. And, with the addition of two new RN Health Coaches at Eastside and Springhill/Jonesville and a new ARNP at Eastside, the ability to improve patient outreach and have additional access in the clinic are excellent opportunities to further improve patient care to this population.

EASTSIDE HIGH ED UTILIZER COMPARED TO OVERALL EASTSIDE POPULATION ED USAGE 7/1/2018 to 12/29/2018



MAIN STREET HIGH ED UTILIZER COMPARED TO OVERALL MAIN STREET POPULATION ED USAGE 7/1/2018 to 12/29/2018



COMMUNITY HEALTH AND FAMILY MEDICINE 2018/December

# of Readmits (Current Month)	Readmit Quotient (Current Month)	# of Readmits (Last 12 Months)	Readmit Quotient (Last 12 Months)
53	15.54%	567	15.03%



UPCOMING CHFM EVENTS

UF HEALTH COMMUNITY HEALTH AND WELLNESS EXPO May 16th, 2019

UF Health is hosting their FREE Community Health and Wellness Expo on Thursday May 16th from 8:30 a.m. until noon. The annual event will take place at the UF Hilton Conference Center, 1714 SW 34th St. There will be free screenings for cholesterol, glucose, blood pressure and body mass index (BMI). Additionally, all attendees can receive a free expo bag and prizes. Please contact Marsha Mott at mottms@shands.ufl.edu or (352) 265-0373 for additional information.

What will be offered:

- Free health screenings
- Diseases prevention information
- Health and safety demonstrations... and more!





CHFM ANNUAL SUMMER PICNIC June 1st, 2019

The Department of Community Health and Family Medicine (CHFM) would like to invite all faculty, residents, administrative staff, ACU managers, and clinic staff to the 5th annual summer picnic event! This year's picnic will be held on Saturday, June 1st from 11 a.m. to 3 p.m. at Poe Springs Lodge, 2880 NW 182nd Avenue, High Springs, FL 32643.

Please contact Sheila Diuguid for any questions at diuguid@ufl.edu or (352) 273-5143.

CURRENT CHALLENGES IN PRIMARY CARE June 20th-21st, 2019

Professor and Chairman of Community Health and Family Medicine, Peter Carek, MD, MS, is co-chair of the upcoming Current Challenges in Primary Care 2019. This conference was created to meet the needs of busy clinicians for the most authoritative and current information on health and wellness promotion, and disease prevention and management.

The conference is open to Primary Care Physicians, Internal Medicine Physicians, Family Medicine Physicians, General Internists, Nurses and Nurse Practitioners, Physician Assistants, and Hospitalists. If you are interested, follow the link for registration: <https://challengesinpc.cme.ufl.edu/>



PAST CHFM EVENTS HIGHLIGHTS

UF HEALTH SPRINGHILL OPENING August 1st, 2018

In August, UF Health Springhill opened their newest multispecialty facility in Northwest Gainesville. The new four-story, 72,000 square-foot building is located off of NW 39th Avenue, and houses multiple practices and services to better care for patients.





PRIMARY CARE INNOVATIONS CONFERENCE March 8th, 2019

The Primary Care Innovations Conference was held at the Harrell Medical Education Building on March 8th, 2019. Keynote speaker, Benjamin F. Miller, PsyD, led the conference. Dr. Miller is the Chief Strategy Officer at Well Being Trust, and he working to redefine public policy that bridges mental health with health care in the United States.

The conference is held annually with the aim of creating a collaborative space in which the primary care community can share and learn from each others innovative practices and ideas.



PUBLICATIONS

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Porter M, Agana DF, **Rooks BJ, Harrell G**, Klassen RA, **Hatch R**, Malouin RA, **Carek P**. Primary care tracks in medical schools. 2019 Feb; *PRiMER*. 2019;3:3;doi: 10.22454/PRiMER. 2019.799272

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PRESENTATIONS

INTERNATIONAL

Carek PJ. Rare Diseases in Primary Care: Prevalence and Practice. Presented at: North American Primary Care Research Group Annual Meeting; November 2018; Chicago, IL.

Carek PJ. Medical Schools and Primary Care: Perceptions of the Current Environment. Presented at: North American Primary Care Research Group Annual Meeting; November 2018; Chicago, IL.

Carek PJ. Perception of Risk of Developing Diabetes among Patients with Undiagnosed Prediabetes: The Impact of Physician Advice. Presented at: North American Primary Care Research Group Annual Meeting; November 2018; Chicago, IL.

Carek PJ. Understanding the Middle-Tier Population of Ambulatory Care Sensitive 30-Day Readmissions: Using the Nationwide Readmissions Database. Presented at: North American Primary Care Research Group Annual Meeting; November 2018; Chicago, IL.

Carek PJ. Development of a Locally Specific Risk Score to Identify Patients at High Risk for Readmission. Presented at: North American Primary Care Research Group Annual Meeting; November 2018; Chicago, IL.

Carek PJ. Healthcare Utilization, Quality of Care and Outcomes for 10,810 Sickle Cell Disease Patients in Florida. Presented at: North American Primary Care Research Group Annual Meeting; November 2018; Chicago, IL.

Mainous A, Nolte T. Sharing Your Findings with the World: Engaging with the Lay Media. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Mainous A, Carek P, Tanner R, Rahmanian K. Healthcare Utilization, Quality of Care and Outcomes for 10,810 Sickle Cell Disease Patients in Florida. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Mainous A, Mansoor H, Rahmanian K, Carek P. Perception of Risk of Developing Diabetes Among Patients with Undiagnosed Prediabetes: The Impact of Physician Advice. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Peabody M, Dai M, Peterson L, Mainous A. Prevalence Of and Factors Related to Family Physicians' Providing e-Visits. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Carek P, Agana D, Datta S, Hatch R, Mainous A, Porter M. Medical Schools and Primary Care: Perceptions of the Current Environment. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Carek P, Lynch K, Mainous A, Porter M, Yang Y. Development of a Locally Specific Risk Score to Identify Patients at High Risk for Readmission. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Jo A, Larson S, Carek P, Peabody M, Peterson L, Mainous A. Rare Diseases in Primary Care: Prevalence and Practice. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Ewigman B, Green L, **Mainous A**, Peterson L, Weidner A. A CERA-FMAH-ADFM Survey: Characteristics of Research Productive Family Medicine Departments in the US and Canada. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Ewigman B, Weidner A, Peterson L, **Mainous A**, Green L. A CERA-FMAH-ADFM Survey: Internal and External Sources of Research Funding in High Research Capacity US and Canadian Departments of Family Medicine. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

Ewigman B, Weidner A, Peterson L, **Mainous A**, Green L. A CERA-FMAH-ADFM Survey: Chair Attitudes and Perceptions about Research and Departmental Research Capacity. Presented at: 46th Annual Meeting of the North American Primary Care Research Group; November, 2018; Chicago, IL.

NATIONAL

Fitzgerald B, Konopack J, DeRemer C. Partnership Unifying Multidisciplinary Providers and Student Learners in an Ambulatory Collaborative Practice Model. Presented at: American Society of Health-System Pharmacist National Pharmacy Preceptor Conference; October 2018; Dallas, TX.

Stechmiller J, Lyon D, **Millan SB**, Schultz G, Gibson D, Weaver M, Wilkie D, Leeuwenburgh C, James G, Stewart P, Whitney J, Ferrell A, Kim J. Biobehavioral Mechanisms Underlying Symptoms and Healing Outcomes in Older Individuals with CVLU. Presented at: 31st Annual Symposium on Advanced Wound Care; November 2-3, 2018; Las Vegas, NV.

Malaty J, Mercado E, Lasley C, **Chacko L**, Felder R, **Carek P**. Reducing ED Visits in Two Clinics Utilizing Health Coaches - Lessons Learned. Presented at: Society of Teachers of Family Medicine Conference on Practice Improvement; December 6-9, 2018; Tampa, Florida.

Malaty J, Carek P, Gonzalez F, **Mainous III A**, **Porter M**, Yang Y. Development of a Locally Specific Risk Score to Identify Patients at High Risk for Readmission. Presented at: Society of Teachers of Family Medicine Conference on Practice Improvement; December 6-9, 2018; Tampa, Florida.

Nall M. Building an Infrastructure for Long-Acting Reversible Contraception Services in a Mobile Health Unit. Presented at: Society of Teachers of Family Medicine Conference on Practice Improvement; December 6-9, 2018; Tampa, Florida.

Dorsey N, Medley J, Dayton T, **Hatch RL**. Jump, Snip and Slice: Family Medicine Does This? Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.

Hagen M, Barker P, Lieberman L, **Hatch RL**. A Student did WHAT?!? Addressing Unprofessional Behavior. Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.

Harrell JG, Nall R, Harlan E, **Hatch RL**. Teaching the Social Determinants of Health in the Clinical Years: How Service Learning, Didactics and Reflections can Integrate SDOH Learning across Clerkships and Electives. Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.

Rubin D, Konopack J, Hatch RL, Albert C, Cooper LA. Home Sweet Home: Engaging Hometown Physicians to Help with Early Clinical Teaching. Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.

Carek PJ, Bielick L, Datta S, Mainous A, Porter M. Evaluating Resiliency in Fourth-Year Medical Students. Presented at: 45th Annual Society of Teachers of Family Medicine Conference on Medical Student Education; January 31-February 3, 2019; Jacksonville, FL.

Harrell JG. Cancer Disparities Panel. Presented at: National Cancer Prevention Workshop; February 6, 2019; Capitol Hill, DC.

Orlando FA, Rahmanian K, Byrd CE, Chang K, Yang Y, Carek PJ, Lupi ME. Using a Daily Self-Regulation Practice with Biofeedback to Improve Stress and Job Satisfaction in a Primary Care Outpatient Clinic. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

REGIONAL/LOCAL

Desai A. Clinical Efficiency and Patient Satisfaction. Presented at: Community Health and Family Medicine Residency Meeting; August 2018; Gainesville, FL.

Desai A. Family Medicine and Patient Presentation. Presented at: Prospective College of Medicine Interview Day; October 2018; Gainesville, FL.

Millan SB. Biobehavioral Mechanisms Underlying Symptoms and Healing Outcomes in Older Individuals with CVLU. Presented at: University of Florida College of Medicine, Department of Dermatology; October 26, 2018; Gainesville, FL.

Porter M. Panel Discussion: Challenges of Providing Healthcare to a Culturally Diverse Patient Population. November 2018; Gainesville, FL.

Malaty J, Carek PJ. Managing Costs by Reducing Readmissions and ED Avoidance Strategies. Presented at: i3 Value Regional Collaborative; November 3, 2018; Columbia, SC.

Millan SB. Chronic Venous Leg Ulcers. Presented at: Family Medicine Residency Program Didactic Sessions at the University of Florida, College of Medicine; November 14, 2018; Gainesville, FL.

Clugston JR. Concussion Research with College Students. Presented at: Traumatic Brain Injury, Spinal Cord Injury and Acute Brain Injury Research Retreat; December 7, 2018; TRACS, CCR and Evelyn F. and William L. McKnight Brain Institute of the University of Florida Cypress Lodge Lake Wauberg Facility, Micanopy, FL. *Invited speaker.*

Alkhamisi A, Nelson DS, Malaty J. Diabetes Group Visits in a Residency Clinic: Training Residents to Facilitate Patient Empowerment. Presented at: University of Florida Gator Healthcare Forum; January 11, 2019; Gainesville, FL.

Clugston JR. Sports Related Concussion - Follow-up Office Visit and Insights from a Team Physician's Perspective. Presented at: Concussion Summit, Eastern Athletic Trainers' Association Annual Meeting; January 11, 2019; Valley Forge, PA. *Invited speaker.*

Millan SB. The Chronic Wound Healing Process and the Role of Bioburden. Presented at: University of Florida College of Medicine, Department of Medicine Division of Infectious Diseases; January 11, 2019; Gainesville, FL.

Clugston JR. Panel Discussion: Practice Diversity in Family Medicine. Presented at: Family Medicine Interest Group; February 2019; University of Florida College of Medicine, Harrell Medical Education Building, Gainesville, FL.

Clugston JR. Research with the UAA. Presented at: UAA Research Collaboration Open House; February 12, 2019; Otis Hawkins Center, University of Florida, Gainesville, FL. *Invited Speaker.*

Williams MP, Leasure A, Malaty J. Using the Mini-Block to Improve the Ambulatory Experience. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Malaty J, Williams MP. Teaching Residents about Population Health and Quality Improvement. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Carek PJ, Malaty J, Williams MP. Development and Use of a Locally Specific Risk Score to Identify Patients at High Risk for Readmissions. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Malaty J, Nelson D, Porter-Williams M. Teaching Residents about Population Health and Quality Improvement. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Porter-Williams M, Leasure A, Malaty J. Using the Mini-Block to Improve the Ambulatory Experience. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Konopack J, Quinn K, DeRemer C. Impact of Student Pharmacy Learners through Successful Integration in a Rural Clinic. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville FL.

Singh D, Carpenter E, **Konopack J, Quinn K.** Evaluating the Effects of In-Clinic Patient Conducted Blood Pressure Measurements on Workflow in a Rural Clinic. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville FL.

Fitzgerald J, **Nelson D.** Developing and Implementing a Nutrition Counseling Framework for Family Medicine Providers. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Leja E, **Harrell G,** Ramanathan M. BEST You – Tailoring a Chronic Disease Self-Management Program to Your Community. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Mercado E, Felder R. Transitional Care Management Clinic. Presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

POSTER

DeRemer C, Talana A, **Westwood G, Quinn K, Konopack J.** Limited Resources: Maximizing Student Experience in a Rural Clinic via Multidisciplinary Team. Poster presented at: American Society of Health-System Pharmacists (ASHP) National Pharmacy Preceptor Conference; October 2018; Dallas, TX.

Singh D, Carpenter E, **Quinn K, Westwood G,** DeRemer C. Evaluating the Effects of In-Clinic Patient Conducted Blood Pressure Measurements on Workflow in a Rural Clinic (Interim Analysis). Presented at: American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting; December 2-6, 2018; Anaheim, CA.

Carpenter E, Mullen L, Singh D, **Fitzgerald B,** DeRemer C. Identifying Osteoporosis Care Opportunities for Pharmacists in a Rural Setting. Poster presented at: American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting; December 2-6, 2018; Anaheim, CA.

Carpenter E, Mullen L, Singh D, **Fitzgerald B,** DeRemer C. Identifying Osteoporosis Care Opportunities for Pharmacists in a Rural Setting. Poster presented at: American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting; December 2-6, 2018; Anaheim, CA.

Garland S, **Malaty J.** Evaluation of a Type 2 Diabetes Mellitus Pharmacist-Physician Collaborative Clinic on Diabetes Care Measures and Overall Disease Management in At-risk Populations. Poster presented at: American Society of Health-System Pharmacists (ASHP) Midyear Clinical Meeting; December 2-6, 2018; Anaheim, California.

Malaty J. Reducing No-show Rates and Increasing Patient Care Access in a Family Medicine Center. Poster presented at: STFM Conference on Practice Improvement, December 6-9, 2018: Tampa, Florida.

Malaty J, Nelson D. A Simple and Effective Way to Streamline Medication Refills. Poster presented at: Society of Teachers of Family Medicine Conference on Practice Improvement; December 6-9, 2018; Tampa, Florida.

Malaty J, Halbrook M. Using Team-Based Clinic Processes to Improve Quality of Care. Poster presented at: Society of Teachers of Family Medicine Conference on Practice Improvement; December 6-9, 2018; Tampa, Florida.

Chessman A, Everard K, Agana DF, **Mainous A**, Morely C, **Porter M.** CERA FM Clerkship Director Surveys: Background Data: 2013-2018. Poster presented at: Society of Teachers of Family Medicine Conference on Medical Student Education; Feb 2019; Jacksonville, FL.

Orlando FA, Rahmanian KP, Byrd CE, Chang K, Yang Y, Carek PJ, Lupi ME. Using a Daily Self-Regulation Practice with Biofeedback to Improve Stress and Job Satisfaction in a Primary Care Outpatient Clinic. Poster presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Malaty J, Nelson D. A Simple and Effective Way to Streamline Medication Refills. Poster presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Nall M. Long-Acting Reversible Contraception Program for Uninsured Women. Poster presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

Mullen L, Carpenter E, **Fitzgerald B**, DeRemer C. Interpretation of Dual Energy X-Ray Absorptiometry Scans Completed in At-Risk Osteoporosis Patients in a Rural Clinic. Poster presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville FL.

Giraldo C, DeRemer C, Singh D, Carpenter E, **Konopack J.** Impact on A1c from Pharmacist/Physician Collaborative Diabetic Appointment in a Rural Clinic Setting. Poster presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville, FL.

DeRemer C, Talana A, **Westwood G, Quinn K, Konopack J.** Limited Resources: Maximizing Student Experience in a Rural Clinic via Multidisciplinary Team. Poster presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville FL.

Singh D, Carpenter E, **Quinn K, Westwood G**, DeRemer C. Time Impact on Workflow in a Rural Clinic for Patient Conducted Blood Pressure Measurements. Poster presented at: Primary Care Innovations Conference; March 8, 2019; Gainesville FL.



QUESTIONS/SUGGESTIONS

Thank you for taking the time to read the March edition of *The Pulse*!

If you would like to add something to the next newsletter or have any suggestions, questions, comments or concerns, please email Chelsea Lawson at clawson96@ufl.edu with subject "CHFM Newsletter."