



VOLUME 5, ISSUE 3

THE PULSE

Department of Community Health and Family Medicine

CHAIR'S MESSAGE

Fellow CHFM Member,

Happy New Year! This edition of The Pulse! occurs during around the midpoint of our academic year. The third year medical students are quickly nearing the completion of their first year of clinical training, the residency is finishing interviewing candidates for their next class, and the sports medicine fellows have been selected. In the near future, we will begin planning for the next academic year. Additionally, our patient care activities are into the busy time of year during the cold and flu season.

As we begin the final stretch of this academic year and as you will note in this publication, our faculty members, residents, students, nurses and staff continue to provide outstanding services to our patients, students, and community. Your feedback is much desired and wanted as it allows our department to improve and grow. Please let me know if you have any suggestions or comments that would benefit us in our mission.

Best regards,

Peter J. Carek, MD, MS

C. Sue and Louis C. Murray, MD, Professor and Chair

This issue:

ACHIEVEMENTS

CHFM faculty and staff have been hard at work to advance the field of family medicine.
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FACULTY SPOTLIGHT

Shining a light on the great work family medicine providers do for the Gainesville community.
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THREE MISSIONS

CHFM continues to focus on patient care, education, and research as part of its three missions.
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CHFM EVENTS

Learn about past and upcoming CHFM events.
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ACHIEVEMENTS

2019 College of Medicine Clinical Science Teacher of the Year Award

Congratulations to Dr. David Feller for being selected as the recipient of the 2019 College of Medicine Phase Clinical Science Teacher of the Year Award. This well-deserved honor will be recieved by Dr. Feller at a special ceremony hosted by President Fuchs in April. Dr. Feller will also be recognized at the annual Medical Education Week Reception in March and in the Commencement Program in May.



Named Trustee of the Baptist Theological Union

Congratulations to Professor Allen as being named a trustee of the Baptist Theological Union, which serves as the board of trustees for the University of Chicago Divinity School. The UC Divinity School provides graduate study and academic research for all major world religious traditions and provides more professors of religious studies than any institution in the US. Professor Allen is also a board member of O'Neill Foundation, which improves community health through grants and other initiatives, and recently attended an O'Neill Foundation board meeting



STFM Medical Student Education Committee

Dr. Dan Rubin has been appointed to the Society of Teachers of Family Medicine (STFM) Medical Student Education Committee. STFM is designed to be a catalyst developing future STFM and academic family medicine leaders.



Exemplary Teacher Award Winners

Please join us in congratulating the College of Medicine professors for receiving the Exemplary Teacher Award based on outstanding performance in teaching of medical students, residents and fellows, graduate students, post-docs, and mentorship of other faculty.

Recipients:

- David Feller, MD
- Helen Hagan, MD
- John Malaty, MD
- Kristy Smith, MD
- Jocelyn Gravlee, MD
- Grant Harrell, MD
- Daniel Rubin, MD
- Lauren Solberg, JD, MTS

Golden Gator Award Honorees

- Samuel Dickman, MD
- Nicholas Dorsey, MD
- Jason Konopack, MD
- Maribeth Williams, MD

ACHIEVEMENTS

Awarded Women in Leadership Certificate

Bioethics, Law and Medical Professional program is proud to announce that Professor Lauren Solberg completed a Faculty Enhancement Opportunity (FEO) grant, where she completed coursework to earn a Women in Leadership Certificate from Cornell University.



AMA Health System Academy Acceptance

Congratulations to Dr. Grant Harrell for his acceptance into the AMA's Health System Science Academy. The AMA's Health System Science Academy is the study of how health care is delivered and how to improve the quality of health care for patients and populations.



Wellness Warrior Award

Please congratulate Lea Crowley for receiving the inaugural UF and UF Health and Wellness Warrior Award. The Wellness Warrior Award is a peer-nominated recognition of individuals on the UF-UF Health campuses who make strides to live better by making healthier choices and leads by example, encouraging others to also make healthier choices.



First Coast Service Options & Sub Committee for Evaluation & Management

Najwa Liscombe was asked to serve - On the Medicare - Provider Outreach And Education Advisory Group (POE-AG) for First Coast Service Options & Sub Committee for Evaluation & Management education panel. Congratulations Najwa.



Customer Service is Key Award Recipients

Dr. Brenda McMahon and Dr. Omobola Oduntan received the CSiK, Customer Service is Key award. The CSiK Award recognizes and rewards UF Health Shands employees who make a difference by providing compassionate care and excellent service to our customers.

Superior Accomplishment Award Winner

A big congratulations to Tawana Brown, ACU Manager at UF Health Family Medicine - Eastside, for winning the Superior Accomplishment Award. There will be a celebration taking place for all of the winners and their supervisors at a future date.

PATIENT CARE

Dr. Omobola Oduntan

Dr Oduntan is a physician and Assistant Professor at UF Family Medicine - Eastside clinic. She received her medical degree from University of Ibadan, Nigeria and her MPH degree from Southern Connecticut State University. Dr Oduntan completed her residency training in Family Medicine at the Medical College of Georgia. Since completing her residency, she has worked in various community health centers. She has been working at the Eastside Clinic since 2017. She recently received Customer Service Is Key award in December 2019. Her clinical interests are preventive health care and women's health. Dr Oduntan lives in Gainesville with her husband and three children. She loves to cook and try new recipes with her children.



FACULTY/STAFF SPOTLIGHT

Dr. Michael Tudeen

The CHFM family welcomed Dr. Michael Tudeen to our UF Health Family Medicine - Main Street clinic on September 27th, 2019. Dr. Tudeen grew up in Gainesville and received both his undergraduate and medical degrees from the University of Florida. He completed his Family Medicine Residency at Oregon Health and Sciences University in Portland, Oregon where he trained in full spectrum family medicine including high risk obstetrical care. His clinical interests include maternal/child health, family planning, medication assisted treatment, transgender health, as well as point of care ultrasound applications.



Dr. Velyn Wu

We also welcomed Dr. Velyn Wu to our UF Health Family Medicine - Main Street clinic on December 2nd, 2019. Dr. Wu received her undergraduate and medical degrees from the University of South Florida. She completed her Family Medicine Residency at Halifax where she also trained in Sports Medicine. Her clinical interests include obtaining a certification in musculoskeletal and point of care ultrasound applications.

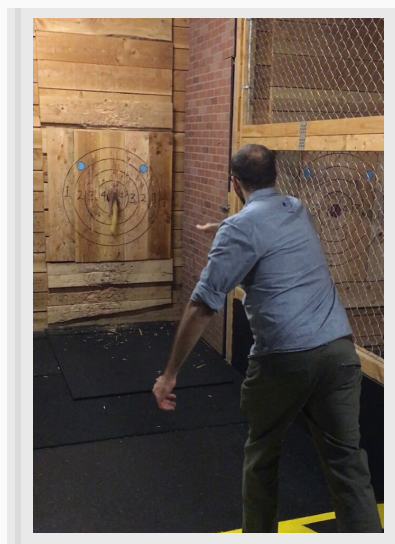
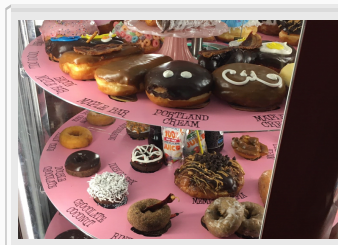
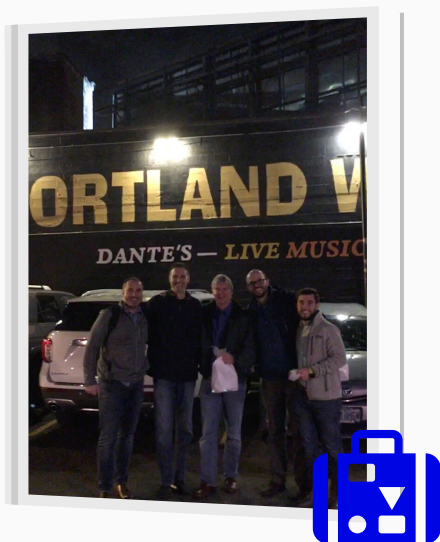


EDUCATION

MEDICAL STUDENT EDUCATION

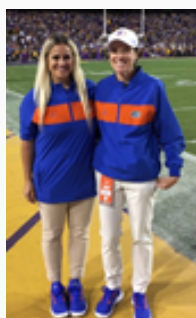
Beginning May 2020, the Neurology Clerkship will move out of the 12-week block with our clerkship, and will be replaced with a 4-week Geriatric experience. Dr. Dan Rubin is coordinating the change, along with Dr. Bensadon from Geriatrics. If anyone has an interest in care of geriatric patients and wants to help with the new format, please let Dr. Hatch or Dr. Rubin know.

The annual Society of Teachers of Family Medicine (STFM) Medical Student Education Conference was held in Portland, Oregon this year. Community Health and Family Medicine faculty members Dr. Nick Dorsey, Dr. Michael Tudeen, Dr. Rob Hatch, and Dr. Dan Rubin went to Portland from January 30 - February 2, 2020. They were joined by fourth-year medical student Brandon Herndon. In an effort to keep Portland weird, they ate at voodoo donuts, went axe throwing, and checked out a psychedelic underground mini golf course. They also found some time to present at the 46th Annual STFM Medical Student Education Conference on approaches to curriculum change and virtual reality devices for education.

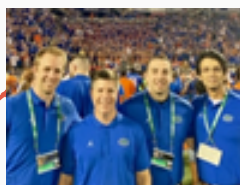


SPORTS MEDICINE FELLOWSHIP

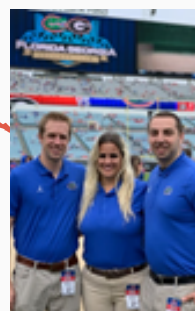
On July 1, we welcomed Dr. Josh Altman, Dr. Nicole Pitts and Dr. Gary Allen to our fellowship. They have been busy covering every preseason UF football practice, all UF home football games, some UF soccer, gymnastics and volleyball competitions, and their assigned high school home football games. Each fellow has traveled with UF men's basketball to an away game. They have assisted with preparticipation physicals for incoming UF athletes as well as Santa Fe College and high school athletes.



Dr. Pitts covered the LSU game in Baton Rouge with Dr. Edenfield.



Dr. Allen and Dr. Altman were able to cover the UF-Miami football game in Orlando with Dr. Merchant.



All three covered the UF-Georgia game in Jacksonville and attended the Orange Bowl in Miami.



Dr. Pitts travelled with the UF soccer team to the Southeastern Conference (SEC) tournament in Orange Beach, AL.

They have submitted case and research abstracts to AMSSM and ACSM conferences.

Our weekly didactic sessions have included many outstanding speakers sharing their knowledge with the fellows and faculty. We have been approved for CME credit for most of them.

On January 8, 2020 we matched our 2020-21 Sports Medicine Fellows. We are excited to announce they are Dr. Jonathan Aubry (Family Medicine) from Memorial Hospital, South Bend, IN; Dr. Laura Cook (Emergency Medicine) from Orlando Health, Orlando, FL; and Dr. Susanna Zorn (Family Medicine) from the University of Pennsylvania, Philadelphia, PA.

Check out our Google Scholar page for UF Sports Medicine Fellowship faculty publications, <https://scholar.google.com/citations?user=dsx4mmkAAAAJ&hl=en&authuser=1>

EDUCATION

PROGRAM IN BIOETHICS, LAW AND MEDICAL PROFESSIONALISM

The BLMP program continues to advance and pave the way in education, faculty development, and research. Additional students have joined the Medical Ethics and Law Discovery Pathways Track, bringing the total number of track students to 13 to date.

Continuing in education, Professor Allen and Dr. Mosley facilitated an elective course for fourth year medical students titled “Financial, Business, and Health Systems Aspects of Medicine.” Professor Allen also facilitated an elective course for fourth year medical students titled “Advanced Issues in Medical Ethics and Law.”

Attributing to the outstanding faculty development in CHFM, Dr. Mosley attended the 12th Annual Pediatric Bioethics Conference hosted by the Florida Bioethics Network at Wolfson Children’s Hospital in Jacksonville. Professor Solberg also taught an expanded version GMS5905, a career development course that focuses on what it means to be a “research professional,” in particular what it means to support conduct of research in a variety of career pathways other than a faculty member.

FACULTY DEVELOPMENT

As part of faculty development and mentoring of junior faculty, our department will again be conducting seminars following several faculty meetings this year. The topics covered include administrative aspects of academic family medicine (presented by Peter Carek, MD, MS), education in a family medicine department (presented by Rob Hatch, MD, MPH), patient care (presented by John Malaty, MD), and scholarly activity (Arch Mainous, III PhD). The sessions will occur from 8 to 9 am and all faculty members are welcomed to attend.

QUALITY IMPROVEMENT

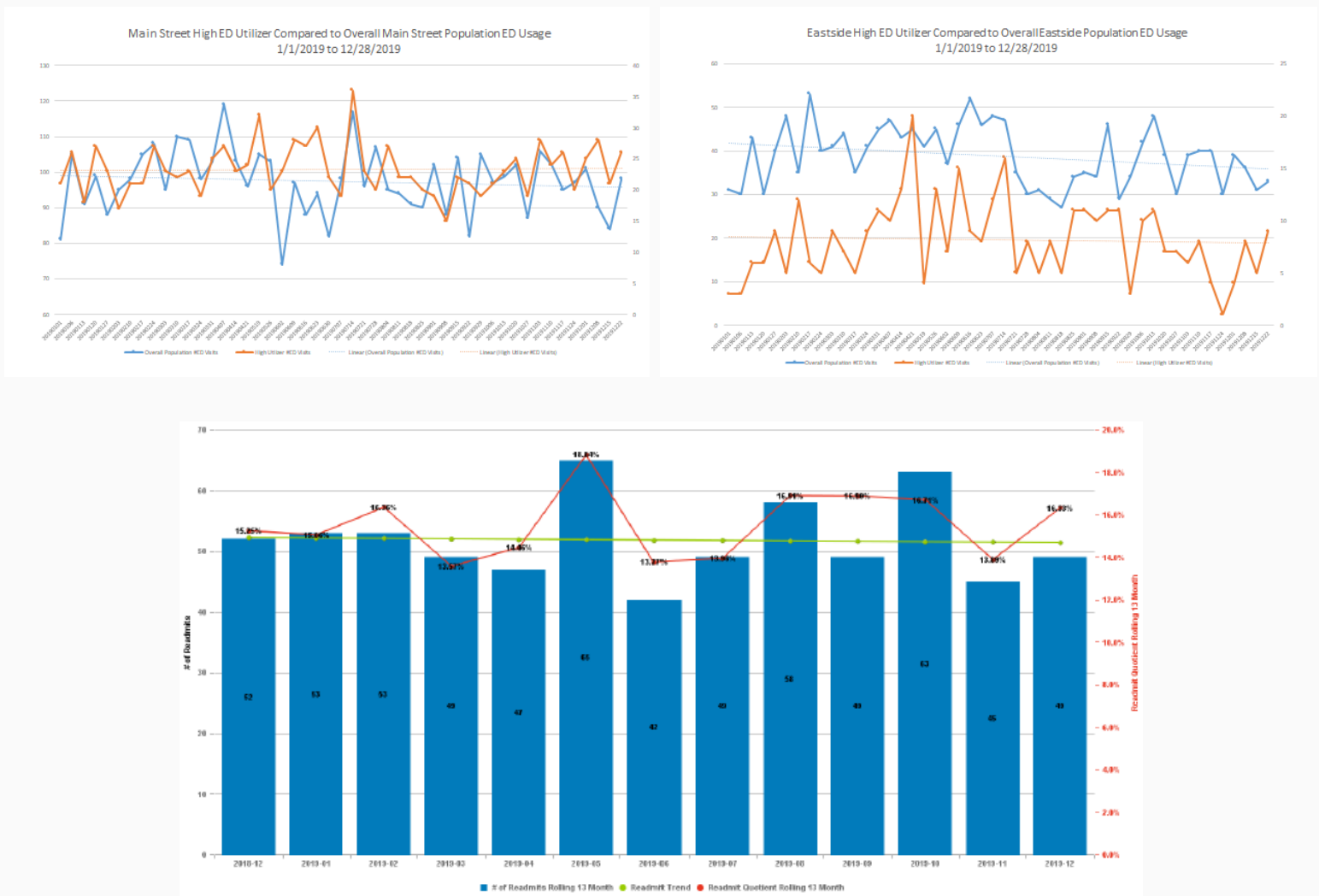
MEASURING PATIENT REPORTED OUTCOMES

The department continues to work diligently to not only meet, but improve the outcomes for patient quality. For Hemoglobin A1C – Poor Control in Diabetes Mellitus, Microalbumin Screening in Diabetic Patients, Rolling 12 Months, Influenza Immunization, Pneumococcal Vaccination and Controlling High Blood pressure, as a department, the numbers continue to hold steady over the past 13 months. Colorectal Cancer Screening continues to be the one measure that the department has room for significant improvement.

As a department, we are at 64% for the past 13 months which was the end of the second quarter. The national benchmark is 69%. Each clinic has processes in place and dedicated providers and staff to steadily improve this measure. Of the six measures, Community Health and Family Medicine clinics are the clinics with Best Practice percentages for the past 13 months. The Best Practice numbers are compared to all outpatient clinics at UF Health.

REDUCTION OF PATIENT EMERGENCY DEPARTMENT USAGE AND HOSPITAL READMISSIONS

As a department, the Readmission Quotient fell slightly from a high of 16% at the end of Q1 to 15.56% at the end of Q2. October saw the highest readmission rate at 16.71% but declined sharply in November to 13.89%. Clinics and the RN Health Coaches are working diligently to try and schedule close hospital follow up and communication with patients upon discharge. The interdisciplinary inpatient team continues to meet weekly to review patients readmitted to the hospital the previous week.



CHFM EVENTS

UPCOMING EVENTS

Primary Care Innovations Conference

The Primary Care Innovations Conference (PCI) will be held on March 6, 2020. The conference has been held annually since it began in 2017. Sessions are interactive and centered around the sharing of ideas. This full day conference is for anyone and everyone working to improve primary care – medical assistants, nurses, nurse practitioners, pharmacists, administrators, students, residents, fellows, IT specialists, receptionists, physical and occupational therapists, physician assistants and physicians. The aim is to create a collaborative space in which the primary care community can share and learn from each other's innovative practices and ideas. For more information you can visit <http://primarycareinnovations.cme.ufl.edu/>

PAST EVENTS

UF Health Shands Hospital Benefits Fair

The UF Shands Benefits Fair was held Nov. 18-22 in the Atrium. Open Enrollment for UF Health Shands employees began Nov. 1 and closed Nov. 27. CHFM had a presence at the fair providing employees and patients primary care provider information.

UF Employee Benefits & Wellness Fair

The Benefits & Wellness Fair was held at the Ben Hill Griffin Stadium on Oct. 28. The fair was a great opportunity to learn more about available benefits plans and retirement options, and to participate in wellness screenings. Flu shots were also available to employees. Primary care provider information was given to UF employees by the CHFM department.



Main Street Clinic - 3rd Annual Patient Holiday Luncheon

Main Street Clinic had another successful annual patient holiday lunch. It was the largest turn out to date and patients were very appreciative such that they already have asked for the date of next years lunch. Residents and staff alike, jumped in to help serve the patients and then joined them to share a meal together. It's always a festive and heart-warming time at Main Street and they are very grateful for the departments support.

Alkhamisi A, Carek SM, Dillon MC, Clugston JR. Atrial fibrillation induced from commotio cordis. *Clinical Journal of Sports Medicine*. Published online ahead of print December 19, 2019.

Asken BM, Houck ZM, Clugston JR, Larrabee GJ, Broglio SP, McCrea MA, McAllister TW, and Bauer RM, and CARE Consortium Investigators. Word-reading ability as a “hold test” in cognitively normal young adults with history of concussion and repetitive head impact exposure: a CARE Consortium study. *The Clinical Psychologist*. Published online ahead of print November 7, 2019.

Breedlove KM, Ortega J, Kaminski TW, Harmon KG, Schmidt JD, Kontos AP, Clugston JR, Chrisman SP, McCrae MA, McAllister TW, Broglio SP, Buckley TA. Reliability of the King-Devick Test in intercollegiate student athletes: an NCAA/DoD Concussion Assessment, Research and Education (CARE) Report. *Journal of Athletic Training*. Published online ahead of print October 16, 2019.

Carek S, Clugston JR. *Primary Care: Clinics in Office Practice*. Sports Medicine Issue. Head Trauma and Injuries. Elsevier. Published online ahead of print October 20, 2019.

Clugston JR, Houck, ZM, Asken BM, Boone JK, Kontos AP, Buckley TA, Schmidt JD, Chrisman SPD, Hoffman NL, Harmon KG, Kaminski TW, Collins MW, McAllister TW, McCrae MA, Broglio SP, Ortega JD. Relationship between the King-Devick Test and commonly used concussion tests at baseline. *Journal of Athletic Training*. Published online ahead of print October 4, 2019.

Dorsey, N. Humerus Fractures, in Eiff MP, Hatch, RL: *Fracture Management for Primary Care and Emergency Medicine, 4th Edition*, pp. 173-195. Elsevier Saunders Company, Philadelphia, PA. 2020.

Hatch RL. *Fracture Management for Primary Care, 4th Edition*, Elsevier/Saunders, Philadelphia, PA. 2020.

Lumba-Brown A, Cornwell J, Teramoto M, Kolluri R, Gioia G, Bloom J, Chesnutt J, Clugston JR, Ghajar J. Representation of concussion subtypes in common postconcussion symptom-rating scales. *Concussion*. Published online ahead of print November 1, 2019.

Malaty J. Facial and Skull Fractures, in Eiff MP, Hatch, RL: *Fracture Management for Primary Care and Emergency Medicine, 4th Edition*, pp. 368-383. Elsevier Saunders Company, Philadelphia, PA. 2020.

Wei Y-JJ, Chen C, Fillingim R, Schmidt SO, Winterstein AG. Trends in prescription opioid use and dose trajectories before opioid use disorder or overdose in US adults from 2006 to 2016: A cross-sectional study. *PLoS Med* 16(11): e1002941. <https://doi.org/10.1371/journal.pmed.1002941>. Published November 5. 2019.

Williams, L., Magee, A., Kilby, C., Maxey, K., & Skelton, J. A. A pilot summer day camp cooking curriculum to influence family meals. *Pilot and Feasibility Studies*, 5(1). doi: 10.1186/s40814-019-0528-0

PRESENTATIONS

Hood L, Hatch, RL. The American Health Care Crisis and “Medicare for All” as a Possible Solution. UF Department of Medicine Grand Rounds, August 2019.

Malaty J, Lasley C, Mercado E, Felder R, Carek P. Why Patients Go to the Emergency Department for Nonemergent Concerns and How to Impact Some of These Factors. Oral presentation – STFM Conference on Practice and Quality Improvement, December 5-8, 2019: Phoenix, Arizona.

Malaty J, Williams M. Teaching Residents About Population Health and QI Through Panel Management, While Aligning Different Program Requirements. Oral presentation – STFM Conference on Practice and Quality Improvement, December 5-8, 2019: Phoenix, Arizona.

POSTERS

Lupi, Maria. Stress reduction in a primary care setting. The Academy of Integrative Health & Medicine (AIHM) Annual Conference. San Diego, CA. October 12-16, 2019.